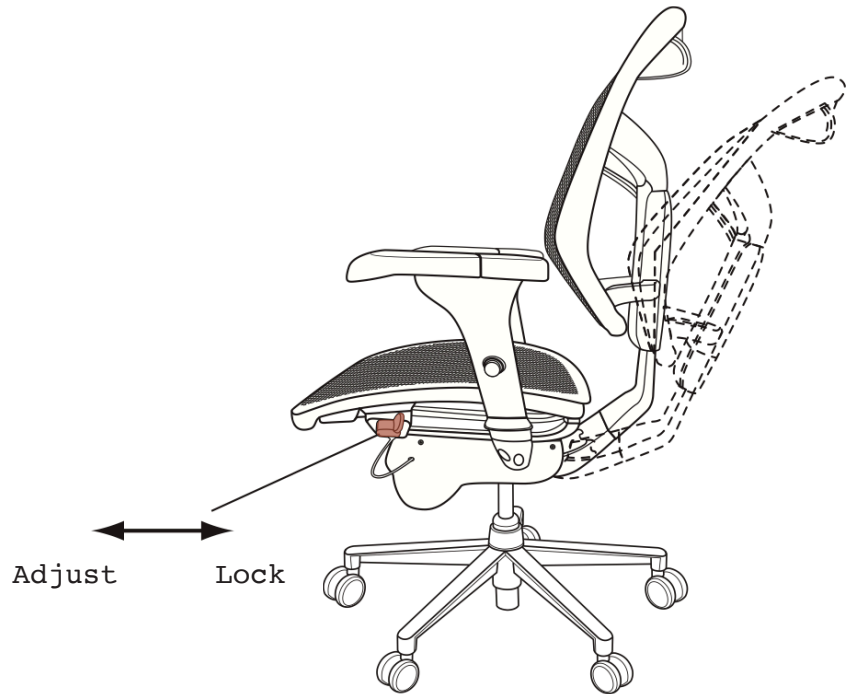


## WORKPRO 9000 SERIES Task/Desk Chair User Guide

To lock the **TILT OF THE BACKREST**, pull/push the handle on the lefthand side. Toggling this will “lock” the position of the backrest or “unlock it,” enabling adjustment.

While leaning back, the handle can be “locked” at any angle of tilt.



To adjust the **TENSION OF THE BACKREST TILT**, rotate the round knob counter-clockwise.

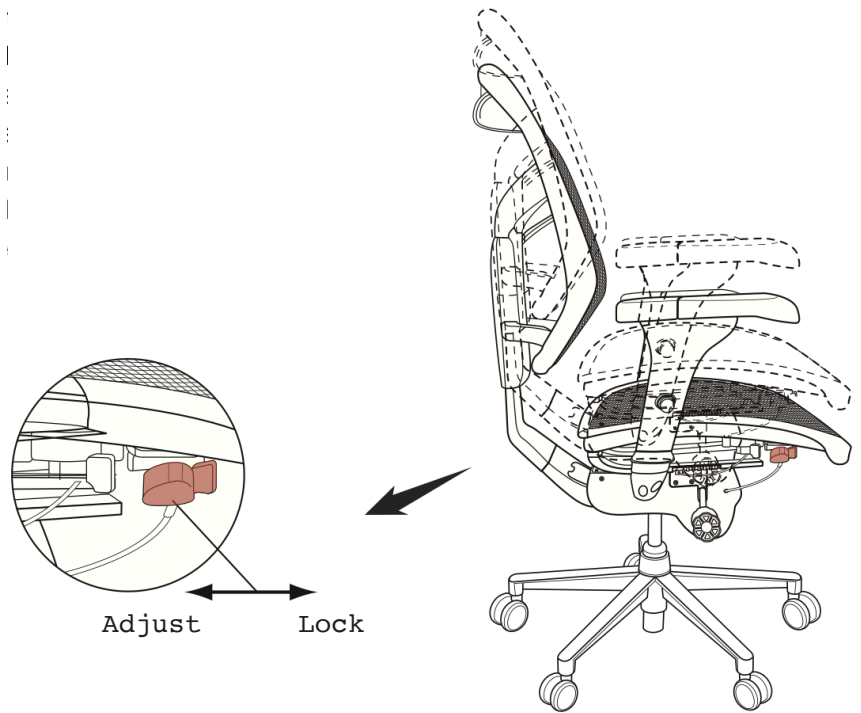
This lessens the effort needed to rock back and forth.



To adjust the **SEAT HEIGHT**, pull/push the front handle on the righthand side.

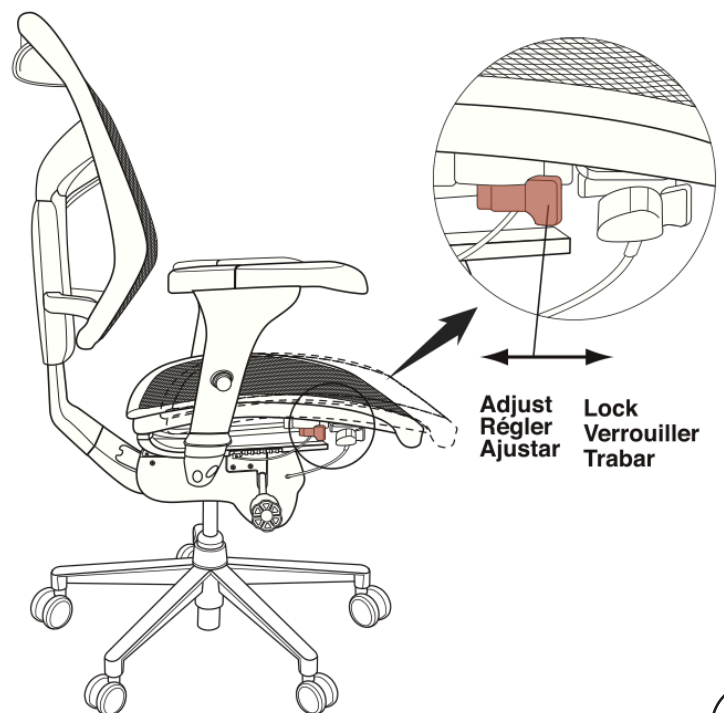
To raise the seat, lean forward and lift your body weight from the seat while pulling the handle back slowly.

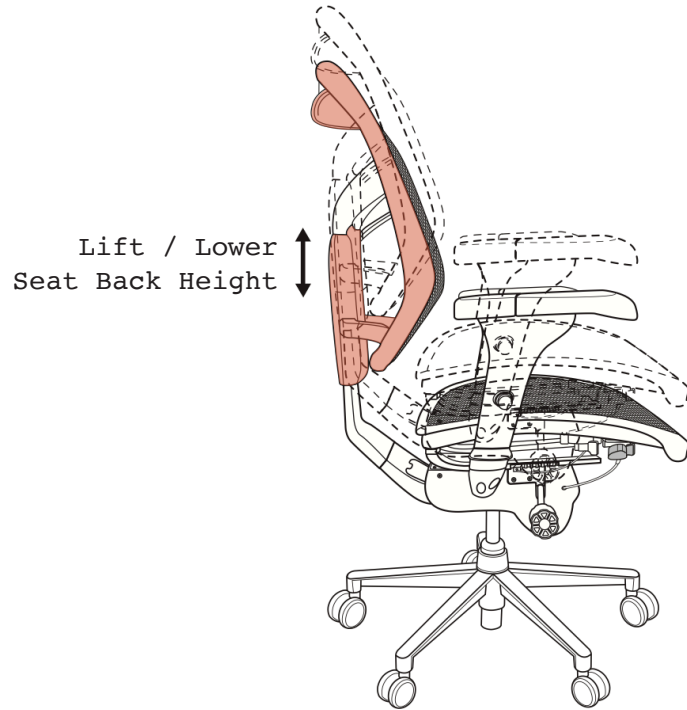
To lower the seat, lift the handle slowly while seated.



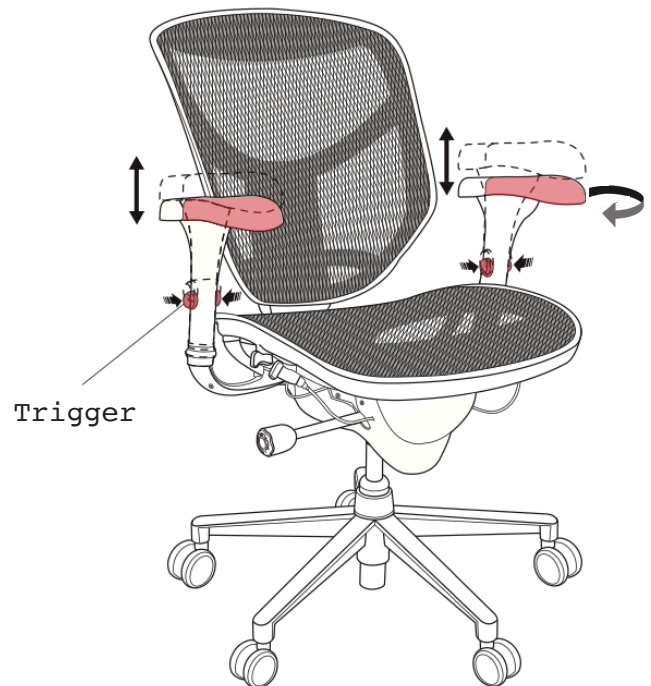
To adjust the **SEAT HEIGHT**, pull/push the handle on the rear righthand side to "lock" or "unlock" it.

To raise the seat, lean forward and lift your body weight from the seat while pulling the handle back slowly. To lower the seat, lift the handle slowly while seated.





To adjust the **HEIGHT OF THE BACKREST**, lift the backrest (by the handle or with a grip of both sides) to desired height.



To adjust the **ARMPAD ANGLE**, grip the front of the armpad and rotate/swivel to a desired angle.

To adjust the **ARM HEIGHT**, depress the trigger on either side of the arm and lift/lower as desired.